

THE CENTER FOR WELLNESS



HENRY J. AUSTIN™
HEALTH CENTER

— The center for wellness —

TABLE OF CONTENTS



2

INTRODUCTION

We are highlighting breast cancer health this month.



2

HEALTH FEATURE

Breast Cancer Awareness is featured.



4

QUALITY WEEK

Quality health week is spotlighted.



5

QUALITY GOALS

QI Team provides goals and the October Score Card.

INTRODUCTION

October is here! In this month's newsletter, the Quality department will highlight breast cancer awareness. Due to COVID-19's continued presence, it is important to ensure patients are exercising precaution and leading a healthy lifestyle. Because many health centers have opened up their facilities, it is important to remind people to schedule appointments with their providers to ensure quality health.

Now, more than ever, it is important to do screenings for various health measures as

awareness has encouraged people to seek out help and resources.

With vaccinations being made available, we encourage people to get vaccinated when possible and continue to get preventative screenings.

EARLY DETECTION

Early detection is a part of helping to prevent breast cancer diagnoses from rapidly escalating. Mayo Clinic further explains that substantial support for breast cancer awareness and funding has helped create advances in the diagnosis and treatment of breast cancer. Overall breast cancer survival rates have increased, and the number of deaths that are associated with the diseases is seeing a steady decline. Largely early detection, personalized approach to treatment and a better understanding of the disease are responsible for the rates.

According to Breast Cancer Org, in the US:

- About 1 in 8 U.S. women (13%) will develop invasive breast cancer over the course of her lifetime.
- As of January 2021, there are more than 3.8 million women with a history of breast cancer in the U.S.
- About 85% of breast cancers occur in women who have no family history of breast cancer.
- About 2,650 new cases of invasive breast cancer are expected to be

- diagnoses in men in 2021.
- Men's risk of breast cancer is about 1 in 833



Henry J. Austin (HJAHC) , through the help of the Health Education team hope to ensure all populations have received the necessary and required sexual health education.



BREAST CANCER AWARENESS MONTH

BREAST CANCER SERVICES

Henry J. Austin is in partnership with two organizations that offer services to our cancer patients. The organizations are the NJCEED and Cancer Care.

NJ Cancer Education and Early Detection (NJCEED)

NJCEED offers free screenings for community members who are uninsured or under-insured to encourage early detection of cancer, when it is most treatable. The programs also include an educational component designed to help reduce risk and promote the early detection of cancer.

Free cancer screenings are available to those who are eligible, including:

- PSA (prostate-specific) blood test for prostate cancer
- Clinical breast exam and mammogram for breast cancer
- Pelvic exam and Pap test for cervical cancer
- Digital-rectal exam for prostate cancer and stool test for colon and rectal cancer
- Periodic free cancer screenings are offered as well
- Treatment for breast and cervical cancers detected through the NJCEED program

Cancer Care

Cancer Care has professional oncology social workers provide free emotional and practical support for people with cancer, caregivers, loved ones and the bereaved.

Services offered detailed below:

- Counseling- staff help manage the emotional and practical challenges of cancer
- Case management- staff provide practical guidance, information and resources to help patients better cope with cancer
- Support Groups- support groups allow patients to connect with other in similar situations in order to share information and experiences.
- Connect Education Workshops- patient can listen in live by telephone or online to one-hour workshops. Experts in oncology provide up-to-date, in depth information about cancer-related issues. Recordings of past workshops on their website are available.
- Publications- easy-to-read booklets and fact sheets are provided
- Financial Assistance- Although limited

assistance is provided, Cancer Care Co-payment Assistance Foundation can help with co-pays for chemotherapy and targeted treatment drugs.

- Community Programs- a variety of in-person workshops, therapeutic activities and special events throughout the year are offered.

With a cancer diagnosis it is important to discuss options of therapy and counsel.

Contact Info:

NJCEED

609.888.6189

info@trentonhealthteam.org

CancerCare

201.444.6630

njinfo@cancercare.org

QUALITY WEEK



Healthcare Quality Week (HQW), brought to you by NAHQ, is a dedicated time to celebrate the profession and raise awareness of the positive impact healthcare quality professionals have in their organizations and communities. Amid the global pandemic, quality has taken center stage and more healthcare professionals are being called upon to do this critical work. The profession of healthcare quality has

arrived at the intersection where preparation meets opportunity and healthcare has taken notice.

HJAHC's Quality Team is happy to highlight a few of the things we have been working on:



RONALD JEAN

Director Quality Improvement

In addition to leading the Quality Team and working to improve patient outcomes, Ronald is managing the implementation of our new medical record platform Azara. This data driven platform will ultimately improve quality healthcare for patients!



RITU DOIJAD

Quality Improvement Data Analyst

Ritu is behind producing, among many others, productivity reports for providers and grants reports that help drive the purpose and mission of this organization.



UZO ACHEBE

Quality Improvement Assistant

Uzo creates the monthly newsletters, in addition to interfacing with Managed Care Organizations, to ensure HJAHC is closing all gaps and satisfying measures.

The Quality Team would also like to welcome new member **Smita Ghan!**

QUALITY GOALS

Ensuring that the breast cancer measure is being satisfied, we are collaborating and utilizing all our resources to ensure our patients receive quality care. Providers, clinical staff and the Quality team are among our primary resource we use in satisfying breast cancer measures and spreading awareness.

In addition, as variants of COVID-19 are present, Henry J. Austin Health Center efforts is continuing to be focused on responding to our patient population needs in COVID-19 testing, providing vaccinations and flu shots.



SCORECARD

Henry J. Austin Health Center's monthly scorecard highlights or year to date (YTD) performance on 14 of our priority quality measures on an organizational level.

The scorecard is a fundamental aid to drive and monitor quality improvement at Henry J. Austin Health Center.

Measure Type	Program	2020 Baseline	September	October	Month Variance	2021 Goal
Breast CA	UDS	47.0%	30%	31%	1%	49.0%
Cervical CA	UDS	48.0%	44%	44%	0%	48.0%
Childhood immunizations (fully)	UDS	42.4%	18%	17%	-1%	42.0%
Colorectal CA	UDS	33.6%	22%	22%	0%	34.0%
Hypertension	UDS	57.0%	18%	20%	2%	57.0%
Diabetes	UDS	68.0%	56%	54%	-2%	68.0%
IVD	UDS	83.6%	92%	90%	-2%	84.0%
Adult BMI	UDS	75.4%	22%	21%	-2%	75.0%
Depression (Follow-Up)	UDS	82.0%	46%	50%	4%	82.0%
Statin Use	UDS	73.7%	83%	83%	0%	74.0%
Tobacco Use	UDS	78.8%	54%	54%	0%	79.0%
Pediatric BMI & Counseling	UDS	77.6%	46%	50%	4%	78.0%

Scorecard Key

Measure type - UDS

2020 Baseline - Average baseline percentage met for each measure

Variance - performance growth from month to month.

Goal - 2021 Goal Mark

CONTACT US



RONALD JEAN

Director Quality
Improvement

609-297-6006



UZO ACHEBE

Quality Improvement
Assistant

609-297-6036



RITU DOIJAD

Quality Improvement
Data Analyst

609-297-6009

QIREQUEST@HENRYJAUSTIN.ORG

QUOTE OF THE MONTH

"Early detection is the best prevention"

